

# ROMANCE RECOVERY



Whether you stay or go, do it  
with courage, clarity, and ease

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*Johanna Lyman is a published author, an internationally known speaker and teacher, and a Spiritual Love Coach. She has helped thousands of people throughout the world break through their fear, get clear on what they want and live the life of their dreams. Her work has been called "life changing" and "powerfully transformational".*

*She has a depth and breadth of experience from fifteen years in corporate America, creating plans and solving problems in several different businesses, and spent several years running her own business as a life coach. Johanna was able to derail her own divorce plans by uncovering her fears and breaking through old destructive behaviors to live her own most extraordinary life with her beloved husband of more than twenty years. Together they have created a deeply loving, empowered relationship. Johanna combines personal experience and compassionate wisdom in a humorous, practical and accessible style that empowers her clients to recover the romance in their lives with courage, clarity and ease, whether their current partner or another is their true soul mate.*

## Testimonials:

With Johanna's insight and compassion, she helped me learn how to love myself deeply. As a result, I have let go of unhealthy patterns with my ex-husband and have attracted my soul mate! Our work together has been life-altering in a powerful, transformative and empowering way.  
Sarah L., entrepreneur

Johanna helped me release past energy blocks both mentally and physically that have stopped me from moving forward. As a result, I am now able to access my personal power, tap into my intuition and make better choices. I have also been able to open my heart more, accept and love all of me and those around me more and enjoy life more fully.

Jean DiGiovanna  
President, ThinkPeople and Workshop University

## Speaking Topics:

### **Romance Recovery:**

*Whether You Stay or Go, Do It With Courage, Clarity and Ease*

### **Turn Your Frog Into a Prince:**

*Go from "Don't Touch Me" to "Don't Stop!"*

### **Returning to Love:**

*Feel the Fear and Do It Anyways, a Four Step Process*

*Johanna has been quoted and published in national media including:*

*Redbook Magazine*

*Match.com*

*The Diva Toolbox.com*

*AlphaWomen.com*

*YourTango.com.*